BLUE LIGHTNING TRACK CLUB

Uniform Orders

SIZING CHART / WOMEN / GIRLS

Women / Girls

Youth and adult sizes grouped together by garment.

COMPRESSION TOP

Measurement	YXS	YS	YM	YL	YXL	S	M	L	XL	2XL
A Half chest (underarm)	23	25	27	29	31	33	35	37	39	41
B Half waist	19	21	23	25	27	29	31	33	35	37
C Half bottom hem	27	29	30	32	34	36	38	40	42	44
D Front length (from HSP)	53	55	57	59	61	63	65	67	69	71
E Shoulder strap width	2.5	2.5	2.5	2.5	2.5	2.5	2.5	2.5	2.5	2.5
F Half armhole (curve)	17	19	21	23	25	27	29	31	33	35

COMPRESSION SHORTS

Measurement	YS	YM	YL	YXL	AS	AM	AL	AXL	A3XL
A Waist	19	20	21	22	25	27	29	31	33
B Length	23	24	25	26	29	31	33	35	37
C Leg opening	19	20	21	22	24	26	28	30	32
E Inseam	8	8	8	8	10	10	10	10	10
F Front rise	17	18	19	20	22	23	24	25	26
G Back rise	24	25	26	27	29	30	31	32	33

BLUE LIGHTNING TRACK CLUB

Uniform Orders

SIZING CHART / MEN / BOYS + WARM-UP SUIT

Men / Boys

Compression shorts | Youth and adult sizes

Measurement	YS	YM	YL	YXL	AS	AM	AL	AXL	A3XL
A Waist	21	23	25	27	30	32	34	36	38
B Length	30	31	32	33	41	43	45	47	49
C Leg opening	12	13	14	15	17	18	19	20	21
D Inseam	15	15	15	16	20	21	22	23	24
E Front rise	19	20	21	22	25	26	27	28	29
F Back rise	24	25	26	27	31	33	35	37	39

Warm-Up Suit

One chart supplied; no separate gender categories were specified.

Measurement	YXS	YS	YM	YL	YXL	XS	S	M	L	XL	2XL
Top: front length (from HSP)	19	20	21	22	23	24	25	26.25	27.5	28.75	30
Top: width	17	18	19	20	21	22.25	23.25	24.25	25.5	26.5	27.5
Trousers: length	33	34	35	36	37	38	39	40.5	41.5	42.5	43.5