

Come Spend Your Holidays With Us!!

The Galleria Games—December 16, 2017

**The Alumni Age Group Speed Invitational
December 30, 2017**

It's Not Just a Track Meet—It's an Event

**Special meet hotel rates including breakfast at one of Birmingham's finest hotels: The Hyatt Regency Birmingham—The Wynfrey Hotel in Hoover which is connected directly to The Riverchase Galleria Mall.

You may never find a better deal than this at such a luxury hotel and fun-filled mall.



2017 Alumni Age Group Speed Invitational

Saturday, December 30, 2017

Birmingham, AL CrossPlex

Hosted by Hoover HS Track Booster Club and Alumni

Facility & Admission 6 lane hydraulic banked track. 8 lane straightaway. Timing will be FAT. Admission will be \$8 for adults and \$5 for 65 & older. Students and children are free.

Equipment Starting Blocks and shots will be provided—leave yours at home. Weight throw implement available for use, but you are encouraged to bring your own.

Entries & Registration 12 & under may enter up to 3 events. 13 & over may enter 4 events. Registration will be online at coachO.com. Go to the meet calendar and find this meet.

Entry Fee Entry will be \$20/athlete. Pentathlon is \$35/athlete. All payments should be made on-line at the time of registration.

Entry Deadline **Thursday, December 28th, 11:59 p.m. CST.** No entries will be taken after that time!

Sanctioning This meet will be USATF sanctioned. Hurdle heights and distances will be same as MS/HS.

Age Groups 8 & under; 9-10; 11-12; 13-14; 15-16; 17-18; 19 & over

Clerking / Scratches There will be no additions at the meet. **Athletes will report to starting line or clerking area when called.** There will be no bib numbers.

Awards There will be no team scores/awards. Medals will be awarded to the top 3 individuals/event/division.

Prelims There will be no prelims. All events are finals on time.

Field Events Each jumper/thrower will have 3 attempts with no finals. All attempts will be measured.

Age group events	8 & under	9-10	11-12
	60 dash	60 dash	60 dash
	200	200	200
	400	400	400
	800	800	800
	LJ	LJ	LJ
	SP	SP	SP
			HJ
	13-14	15-16, 17-18	19 & over
	60 hurdles	60 hurdles	60 hurdles
	(30" & 36")	(33" & 39")	60 dash
	60 dash	60 dash	200
	200	200	400
	400	400	800
	800	800	LJ
	Pentathlon	Pentathlon	SP
	LJ	LJ	HJ
	SP	SP	TJ
	HJ	HJ	PV
	TJ	TJ	WT
	PV	PV	
		WT	

Meet Director: Devon Hind (Office)205-439-1379 (Cell)205-807-9144 Dhind@hoover.k12.al.us

Schedule of Events

TRACK EVENTS ORDER (8 & under girls, then 8 & under boys, then 9-10 girls, etc. unless noted)

Rolling schedule—All times are estimated—we will run ahead of this schedule if possible by up to 45 minutes.

7:45	pentathlon 60 hurdles
8:00 CST	60 hurdles
8:30	60 dash
10:15	400 (8 & under, 9-10, 11-12)
11:15	400 (13-14, 19 & over)
12:00	400 (15-16)
12:45	400 (17-18)
1:30	800
3:00	200
**	Pentathlon 800/1000 will take place 30 minutes after the completion of their field events.

FIELD EVENTS (pentathlon field events will occur in between age groups at appropriate times)

8:00	Shot put (8 & under g & b first, then pentathlon girls, 9-10 g & b, pentathlon boys, 11-12 g & b) Pentathlon boys long jump
9:00	Girls & boys pole vault (13-14, 15-16, 19 & over option) Opening height—6'6" girls; 8' boys
9:30	Pentathlon girls long jump
10:15	Girls & boys long jump (15-16, 17-18, 19 & over, 8 & under, 9-10, 11-12, 13-14)
10:00	Girls & boys high jump (11-12 first, pentathlon HJ in between age groups)
11:00	Girls shot put (13-14, 15-16, 17-18, 19 & over)
12:00	Girls & boys pole vault (17-18, 19 & over option) Opening height—8' girls; 10' boys
1:00	Boys shot put (13-14, 15-16, 17-18, 19 & over)
2:00	Girls & boys triple jump (13-14 first)
2:30	Girls weight throw followed by boys weight throw (15-16 first)

Additional IMPORTANT information:

**¼ inch pyramid spikes only—athletes must go through a spike check before competing. A set of ¼" spikes will be available for purchase for \$5 per pair of shoes at the spike check-in area.

Only athletes/coaches are allowed in the warm-up area. **No team camps in warm-up area.

**We will have 2 pole vault pits, 2 long/triple jump pits & 2 high jump pits going at the same time.

**Concessions & T-shirts will be available for purchase.

**The City of B'ham charges \$3 for parking at all events at The CrossPlex. 1100 spaces are available on site. CrossPlex parking in the shopping center lot will get your car towed. Police/staff tend the parking lot areas.

****This is not an AHSAA sanctioned event. Alabama MS & HS athletes may compete unattached without penalty according to AHSAA rules. (2 non-sanctioned events allowed per season with permission from your coach) In-state & Out-of-state Track Clubs are allowed to participate.**

**LOCATION: The CrossPlex is located in Birmingham, Alabama at 2331 Bessemer Road, 35208
Take I-20/59 to exit #120. Go south for 1 mile and The CrossPlex is on your left.**