



March 24, 2018
 @ New Manchester HS, Douglasville

MEET SCHEDULE

Morning Session @ 8:30 a.m.	
Long jump	3000m run
High jump	Sprint hurdles
Discus throw	400m dash
Javelin (13+ then 8U)	4x100m relay
Pole vault	1500m run

Afternoon Session @ 12:00 p.m.	
Shot put	Distance medley relay (1200-400-800-1600)
	100m dash
	800m run
	200m dash

EVENT RULES:

- Gates open at 7:30 a.m.
- Packet pick-up begins at 7:30 a.m and is available throughout the day.
- Track open for warm-up until 8:15 a.m.
- First call at 8:00 a.m.
- Coaches meeting at 8:15 a.m.
- For field events, check-in at the venue.
- Batons, shot puts, discuses, and 300g javelins provided.
- 3 jumps and 3 throws permitted per field event.
- Top 3 finishers per age division are awarded medals at conclusion of each event.
- Results and awards available at awards desk.
- Live results available at www.tracklab.events.

March 3 Brookwood	March 11 Grovetown	March 17 Wheeler	March 24 New Manchester	April 7 Discovery	April 14 Discovery	April 28 Godfrey Stadium	May 5 New Manchester	June 16-17 Gladiators 2018 (multi-event meet)
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